

Tashlich Tidbits

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By Rabbi Richard Israel

Some suggested tips for properly executing Tashlich (casting of sins into the waters. . .)

For ordinary sins, use – White bread
For exotic sins – French or Italian bread
For dark sins – Pumpernickel
For complex sins – Multigrain bread
For truly warped sins – Pretzels
For sins of indecision – Waffles
For sins committed in haste – Matzah
For substance abuse – Poppy seed rolls
For committing arson – Toast
For being ill-tempered – Sourdough bread
For silliness – Nut bread
For not giving full value – Shortbread
For political chauvinism – Yankee Doodles
For excessive use of irony – Rye bread
For continual bad jokes – Corn bread
For hardening our hearts – Jam doughnuts
For excessive curiosity – Wonder Bread
For speed-limit violations – Russian bread
For usury – dough

Acceptance

By Charu Colorado

I find the crumbs
deep inside the nest
I hold them in my hand and laugh
Before casting them into the river
I whisper a wind prayer
that moves the leaves
and causes the shapes of sky to dance
in the summer breeze

The afternoon sun filters my thought
as the fine dust of reason
ponders and holds me
like a wrapped tallit
I declare my acceptance
of this final consequence
Tonight new stones will appear on my
doorstep

TASHLICH תשליך

At the Water's Edge: A Reading for Tashlikh

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Shared by Elizabeth Tragash | Poem

On this sacred day
when the old year slips away
and we prepare to meet the year ahead,
we stand at the water's edge
our pockets lined with dust and bread,
symbols of our shortcomings and regrets.

*Many are the regrets and sorrows
that weigh upon our souls,
let us cast them off into the moving waters
so we may begin anew.*

Great is our regret
for the harsh words spoken,
the tender words left unsaid,
for the anger that smoldered,
the compassion withheld,
for our greed and jealousy,
our lack of generosity.
for all that we could have done,
all that we have left undone.

*Many are the regrets and sorrows
that weigh upon our souls,
let us cast them into the moving waters
so we can strive to become
all that we were meant to be.*

Great is our remorse
for the energy we spent fighting
instead of trying to make amends,

for the times we could have lent a hand
but kept our hands at our sides,
for the times we looked away from those near and far
who need our help and caring,
when we turned away from the places in the world
in need of repairing.

*Many are the regrets and sorrows
that weigh upon our souls
Let us cast them into the moving waters
so we can begin to build bridges
connecting us one to another.*

A Prayer for Tashlich

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Shared by Rabbi Rachel Barenblat | Prayer

Here I am again
ready to let go of my mistakes.

Help me to release myself
from all the ways I've missed the mark.

Help me to stop carrying
the karmic baggage of my poor choices.

As I cast this bread upon the waters
Lift my troubles off my shoulders.

Help me to know that last year is over,
washed away like crumbs in the current.

Open my heart to blessing and gratitude
Renew my soul as the dew renews the grasses.

And we say together:
Amen.

Micah 7:18-20

Who is a God like You,
pardoning iniquity
and passing over transgression
for the remnant of Your
inheritance?
You do not retain Your anger
forever,
because You delight in steadfast
love.
You will again have compassion on
us;
You will tread our iniquities
underfoot.
You will cast all our sins
into the depths of the sea.
You will show faithfulness to Jacob
and steadfast love to Abraham,
as You have sworn to our
ancestors
from the days of old.

**Mi El kamocho, nosé avon ve-ovér al pasha lish'érit nachalato. lo
hechezik la-ad apo ki chafétz chesed hu. yashuv yerachaménu, yichbosh
avonoténu, veTASHLICH bintzulot yam kol chattotam. tittén emet
le-ya'akov, chesed le-avraham, asher nishbata la-avoteynu mimey
kedem.**

*The pockets are emptied of crumbs and dust, or the edges of coats are
shaken over the water.*

מִי־אֵל כְּמוֹךָ
נִשְׂא עוֹן
וְעִבֵר עַל־פְּשָׁע
לְשְׂאֲרֵית נַחֲלָתוֹ
לֹא־הֶחֱזִיק לְעַד אַפּוֹ
כִּי־חָפֵץ חֶסֶד הוּא:
יָשׁוּב יִרְחַמֵּנוּ
יְכַבֵּשׁ עֲוֹנוֹתֵינוּ
וְתִשְׁלִיךְ בַּמַּצְלוֹת יָם
כָּל־חַטָּאתָם:
תִּתֵּן אֶמֶת לְיַעֲקֹב
חֶסֶד לְאַבְרָהָם
אֲשֶׁר־נִשְׁבַּעְתָּ לְאַבְתֵּינוּ
מִיָּמֵי קֶדֶם: